




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>September 2</b> 	<b>Labor Day Special</b> <b>September 3</b> Hot Dog with Sauerkraut 1/2 cup BBQ Butterbeans 1/2 cup Potato Salad Hot Dog Roll 1/2 cup Tropical Fruit	<b>September 4</b> Rotisseri Chicken with Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Mixed Vegetables Whole Grain Biscuit 1/2 cup Sliced Peaches	<b>September 5</b> Turkey Chef Salad (1 slice Turkey, Cheddar Cheese, and 1 Hard Boiled Egg) 1 cup Tossed salad with Cucumber 1 cup Summer Corn Chowder with Crackers Whole Grain Dinner Roll 1/2 cup Pineapple	<b>September 6</b> Roast Beef with Au Jus (3 ounces) 1/2 cup Roasted Redskins with Rosemary and Garlic 1/2 cup Green Beans Wheat Bread Fresh Banana
<b>September 9</b> Chicken Marsala 1/2 cup Bow Tie Noodles 1/2 cup Peas Wheat Bread 1/2 cup Mixed Fruit	<b>September Birthdays</b> <b>September 10</b> Baked Meatloaf with Gravy 1/2 cup Baked Potato with Margarine 1/2 cup Wax Beans Wheat Bread Birthday Cake	<b>September 11</b> Baked Breaded Chicken Cutlet 1/2 cup Au Gratin Potatoes 1/2 cup Carrots White Bread 1/2 cup Fruited Gelatin	<b>September 12</b> 1/2 cup Seafood Salad over 1 cup Mixed Greens with Tomato and Hard Boiled Egg 1 cup Vegetable Soup with Crackers Whole Grain Dinner Roll 1/2 cup Cottage Cheese/Pineapples	<b>September 13</b> BBQ Ribette 1/2 cup Whipped Sweet Potatoes 1/2 cup Creamy Coleslaw White Bread 1/2 cup Sliced Pears 
<b>September 16</b> Roasted Sliced Turkey 1/2 cup Mashed Potatoes with Gravy 1/2 cup Carrots Wheat Bread Cookie	<b>September 17</b> Penne and Meatballs (4) 3/4 cup Pasta with Sauce and Parmesan Cheese 1 cup Tossed Salad with Tomato and Dressing Italian Bread 1/2 cup Peach Crisp	<b>September 18</b> Honey Mustard Chicken Sandwich with Cheese 1/2 cup Parmesan Redskin Potatoes 1/2 cup Mixed Vegetables Sandwich Roll Cookie	<b>September 19</b> Santa Fe Salad 1 cup Mixed Greens with 3 ounces Diced Chicken, Cheddar Cheese, and 2 ounces Roasted Vegetables 1 cup Tortilla Soup with Tortilla Strips Dinner Roll 1/2 cup Pineapple Tidbits	<b>September 20</b> Breaded Pollock Filet 1/2 cup Vegetable Barley Pilaf 1/2 cup Carrots Wheat Bread Fresh Orange
<b>September 23</b> Roasted Pork Loin with Gravy 3 ounces Stuffing 1/2 cup Whipped Potatoes 1/2 cup Peas 1/2 cup Sliced Apples	<b>September 24</b> Mild Buffalo Chicken Sandwich with Shredded Lettuce 1 cup Minestrone Soup with Crackers Sandwich Roll Fresh Cantaloupe 	<b>Breakfast for Lunch</b> <b>September 25</b> Egg Omelet topped with Cheese 1 Sausage Patty 1/2 cup Breakfast Potatoes Whole Grain English Muffin with Jelly 4 ounces Orange Juice	<b>September 26</b> Mandarin and Cranberry Chicken Salad (3 ounces Chicken, 1 tbs Cranberry) 1 cup Mixed Greens and Cucumber, with 1 ounce Bleu Cheese Crumble, and Balsamic Dressing 1/2 cup Three-Bean Salad Whole Grain Dinner Roll Cookie	<b>September 27</b> Open Face Meatloaf Sandwich 1/2 cup Mashed Potatoes with Gravy 1/2 cup Carrots Wheat Bread 1/2 cup Sherbet
<b>September 30</b> Pineapple Glazed Ham 1/2 cup Whipped Sweet Potatoes 1/2 cup Green Beans Wheat Bread 1/2 cup Sliced Pears	