



## November 2018 Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>November 1</b> Warm Ham and Cheese on Ciabatta (1 piece of Ham and 1 slice of Cheese) 1 cup Creamy Tomato Bisque with Crackers Whole Grain Ciabatta Roll Fresh Fruit	<b>November 2</b> Burgundy Meatballs (4) with Mushrooms over 1/2 cup Penne Pasta 1/2 cup Carrots Wheat Bread 1/2 cup Mixed Fruit Salad
<b>November 5</b> Hawaiian Pork Chop 1/2 cup Blended Rice Pilaf 1/2 cup Mixed Vegetables White Bread 1/2 cup Sliced Apples	<b>November 6</b> <u>November Birthdays</u> 1/2 cup Sloppy Joe 1/2 cup Ranch Seasoned Potatoes 1/2 cup Green Beans Whole Grain Sandwich Roll <b>Birthday Cake</b>	<b>November 7</b> Chicken Picatta 1/2 cup Bowtie Noodles 1 cup Tossed Salad with Tomato and Dressing Italian Bread 1/2 cup Sliced Peaches	<b>November 8</b> 3 ounces Warm Roast Beef Sandwich with Cheese and Au Jus 1 cup Homemade Vegetable Soup with Crackers Sandwich Roll 1/2 cup Pineapple Tidbits	<b>November 9</b> Country Fried Chicken with 2 ounces Creamy Gravy 1/2 cup Whipped Potatoes 1/2 cup Peas and Carrots Whole Grain Mini Biscuit Fresh Fruit
<b>November 12</b> 	<b>November 13</b> Baked Meatloaf Marinara with Mozzarella Topping 1/2 cup Garlic Whipped Potatoes 1/2 cup Parmesan Corn Wheat Bread 1/2 cup Banana Pudding and Nilla Wafers	<b>November 14</b> Bratwurst with 2 ounces Kraut Topping 1/2 cup Creamed Potatoes and Peas Hot Dog Roll 1/2 cup Warm Cinnamon Applesauce Mustard Packet	<b>November 15</b> <u>Thanksgiving Dinner Special</u> 3 ounces Roasted Turkey with 2 ounces Gravy 3 ounces Stuffing 1/2 cup Whipped Potatoes 1/2 cup Carrots Dinner Roll Pumpkin Pie Slice 2 ounces Cranberry Sauce	<b>November 16</b> 1/2 cup Creamy Chicken Divan over 1/2 cup White Rice 1 cup Tossed Salad with Tomato and Dressing Breadstick 1/2 cup Mandarin Oranges
<b>November 19</b> Pork Ribette 1/2 cup Seasoned Potatoes 1/2 cup Baked Beans Dinner Roll 1/2 cup Sliced Peaches	<b>November 20</b> Grilled Chicken, Bacon, Swiss Club (1 slice each Chicken, Bacon Round, and Cheese with Lettuce and Tomato 1 cup Creamy Potato Soup with Crackers Sandwich Roll 1/2 cup Blushed Pears Condiments	<b>November 21</b> 3/4 cup Baked Ziti with Meatballs (3) with Marinara Sauce and 1/2 ounce Cheese Topping 1 cup Caesar Salad Garlic Breadstick 1/2 cup Mixed Fruit Salad	<h1 style="margin-top: 10px;">Happy Thanksgiving</h1>	
<b>November 26</b> Baked Meatloaf with Gravy Baked Potato with Margarine 1/2 cup Mixed Bean Medley White Bread Cherry Chip Cake with Topping	<b>November 27</b> Hot Turkey Sandwich with Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Crinkle Cut Carrots White Bread 1/2 cup Applesauce	<b>November 28</b> Smokey BBQ Burger Topped with 1/2 ounce Cheddar Cheese, 1/2 ounce BBQ Sauce, and 1 tablespoon Crispy Onions 1/2 cup Sweet Potato Bites Brioche Bun Fresh Seasonal Fruit	<b>November 29</b> 1 cup Chicken and Dumplings 1/2 cup Pepper Slaw Whole Grain Buttermilk Biscuit 1/2 cup Warm Peaches	<b>November 30</b> Baked Salmon with 1 ounce White Wine Cream Sauce 1/2 cup White Rice 1/2 cup Mixed Vegetables Wheat Bread 1/2 cup Pineapple Tidbits

Please reserve your meal at least one business day in advance by stopping in or calling the center at 717-938-4649  
 \*\*\* Served daily: 8 ounces Milk and 1 teaspoon Margarine \*\*\* All meals are subject to change \*\*\*