





May 2022 Congregate Meal Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 2 Warm Roast Beef & Cheddar Sandwich 1/2c Corn 1 Sandwich Roll Seasonal Fresh Fruit	May 3 Baked Cabbage Casserole w/ 2oz Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll Cookie	May 4 Stadium Hot Dog 2oz Sauerkraut 1/2c Cheesy Potatoes 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	May 5 Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Green Beans 1 Wheat Bread 1/2c Gelatin	May 6 Fiesta Chicken Burrito Bowl (3oz Chicken Breast/1oz Salsa .5oz Cheddar Jack) 1/2c Cilantro Lime Rice 1/2c Black Beans 1/2c Mandarin Oranges
Happy Mother's Day! May 9 Vegetable Lasagna w/Parmesan Cream Sauce Tossed Salad with Tomato, Hard Boiled Egg and Dressing Garlic Breadstick Lemon Meringue Pie	May 10 Fresh Egg Salad Sandwich Lettuce & Tomato 1/2c Tomato and Cucumber Salad 2 Wheat Bread 1/2c. Cinn. Applesauce 	May 11 Roasted Turkey w/ Gravy 1/2 Mashed Potatoes 1/2c Corn 1 Wheat Bread Cookie	May 12 Hearty Beef Stroganoff 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Seasonal Fresh Fruit	May 13 Roasted Pork w/ Apples 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Mini Biscuit w/ Apple Butter Seasonal Fresh Fruit
May 16 Honey Garlic Pork Loin 1/2c Vegetable Rice Pilaf 1/2c Mixed Vegetables 1/2c Sliced Apples 1 Wheat Bread 1 Cookie 	May 17 Meatball Hoagie (4) 1/2c Parmesan Noodles 1/2c Green Beans 1 Sandwich Roll Seasonal Fresh Fruit	May 18 Stuffed Pepper Casserole 1/2c Garlic Whipped Potatoes 1/2c Coin Carrots 1 White Bread Fresh Fruit	May 19 Chef Salad 1c Mixed Greens w/ Ham, Tomato, Cheddar, 1/2 Egg 1/2c. Three Bean Salad 1 Dinner Roll 1/2c. Peach Crisp	May 20 Smothered Roast Beef 1/2c Scalloped Potatoes 1/2c Peas & Onions 1 White Bread 1/2c Mandarin Oranges
May 23 Baked Meatloaf w/ Gravy 1/2c Ranch Potatoes 1/2c Beets 1 White Bread Seasonal Fresh Fruit	Happy Memorial Day! May 24 Cheeseburger Lettuce & Tomato BBQ Butterbeans Macaroni Salad Hamburger Bun Fresh Melon & Ice Cream Cup	May 25 Glazed Ham w/ Raisin Sauce 1/2c Sweet Potatoes 1/2c Peas & Carrots 1 Dinner Roll 1/2c Pudding	May 26 1c Supreme Pizza Casserole 1c Tossed Salad 1/2c Green Beans 1 White Bread 1/2 Applesauce	May 27 Homemade Tuna Salad Sandwich w/ Lettuce & Tomato 1/2c Three Bean Salad 2 White Bread Seasonal Fresh Fruit
HAPPY MEMORIAL DAY!!!! May 30 	May 31 BBQ Pork Ribette 1/2c Sweet Potato Bites 1/2c Green Beans 1 Wheat Bread 1/2c Pineapple Delight			

Please call the center at 717-938-4649 to reserve your meal by 10:30 AM at least one business day in advance.

*** Served daily: 8 ounces milk ~ All meals are subject to change ***