



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		May 1	May 2	May 3
		1/2 cup Mild Buffalo Chicken Salad Sandwich with Shredded Lettuce 1 cup Minestrone Soup with Crackers Sandwich Roll Fresh Melon	Mandarin and Cranberry Chicken Salad with 3 ounces Chicken, 2 ounces Mandarin, and 1 tablespoon Cranberries 1 cup Mixed Greens, Cucumber, Blue Cheese Crumble, Balsamic Dressing 1/2 cup Three-Bean Salad Whole Grain Dinner Roll Cookie	Open Faced Meatloaf Sandwich with Gravy 1/2 cup Mashed Potatoes 1/2 cup Carrots Wheat Bread 1/2 cup Sherbet
May 6	<u>May Birthdays</u> May 7	May 8	May 9	May 10
1 cup Roast Beef and Dumplings 1/2 cup Creamy Coleslaw Whole Grain Buttermilk Biscuit 1/2 cup Warm Sliced Peaches	Stuffed Pepper with Tomato Sauce 1/2 cup Garlic Whipped Potatoes 1/2 cup Coin Carrots Dinner Roll Strawberry Shortcake	Hawaiian Chicken 1/2 cup Whipped Sweet Potatoes 1/2 cup Green Beans Wheat Bread 1/2 cup Sliced Pears	Turkey and Cheese Sandwich with 2½ ounces Turkey; ½ ounce Cheese, Lettuce, Tomato, Condiments 1/2 cup Fresh Broccoli Salad Whole Grain Sandwich Roll 1/2 cup Applesauce	Potato Crusted Pollock 1/2 cup Macaroni and Cheese 1/2 cup Stewed Tomatoes Wheat Bread Fresh Melon
<u>Mother's Day Special</u> May 13	May 14	May 15	May 16	May 17
Vegetable Lasagna with Parmesan Cream Sauce 1/2 cup Vegetable Medley 1 cup Tossed Salad with Tomato, Hardboiled Egg, and Dressing Lemon Meringue Pie	1/2 cup BBQ Pulled Pork Sandwich 1/2 cup Baked Potato with Margarine 1/2 cup Wax Beans Sandwich Roll Chocolate Chip Cake Square	Sweet and Sour Meatballs (4) 1/2 cup Brown Rice 1/2 cup Creamy Coleslaw Wheat Bread 1/2 cup Mixed Fruit	Antipasto Salad with 1½ ounces Ham/Salami, ½ ounce Mozzarella Cheese, and 2 Olives 1c. Tossed Salad with Tomato and Italian Dressing Packets (2) 1/2 cup Beets Whole Grain Dinner Roll 1/2 cup Sunset Peaches	Bacon Bleu Burger with Burger, 1 Bacon Round, and ½ ounce Blue Cheese Crumble 1 cup Creamy Potato Soup with Crackers Sandwich Roll Fresh Apple
May 20	May 21	May 22	May 23	<u>Memorial Day Special</u> May 24
Sweet Sausage Sandwich with Peppers and Sauce 1/2 cup Cheesy Hashbrowns Whole Grain Sausage Roll Fresh Melon	Roasted Pork with Dijon Mushroom Sauce 1/2 cup Vegetable Rice Pilaf 1/2 cup Green Beans Wheat Bread 1/2 cup Pineapple Delight	Salisbury Steak with Gravy 1/2 cup Cheddar Whipped Potatoes 1/2 cup Sweet Peas White Bread 1/2 cup Pears	Tuna Salad Sandwich with Lettuce and Tomato 1 cup Lentil Soup with Crackers 2 Slices White Bread Fresh Banana	Cheeseburger 1/2 cup BBQ Butter Beans 1/2 cup Macaroni Salad Sandwich Roll Fresh Melon Ice Cream Cup
May 27	May 28	May 29	May 30	May 31
 SENIOR CENTERS CLOSED	Roast Beef with 4 ounces Au Jus 1/2 cup Roasted Redskins with Rosemary and Garlic 1/2 cup Green Beans Wheat Bread Fresh Orange	Rotisseri Chicken with 4 ounces Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Mixed Vegetables Whole Grain Biscuit 1/2 cup Sliced Peaches	Turkey Chef Salad with 2 ounces Turkey, Cheddar Cheese and 1 Hardboiled Egg 1 cup Tossed salad with Cucumber 1 cup Summer Corn Chowder with Crackers Whole Grain Dinner Roll 1/2 cup Pineapple	Baked Breaded Chicken Cutlet 1/2 cup Au Gratin Potatoes 1/2 cup Carrots White Bread 1/2 cup Fruited Gelatin with Mandarin Oranges

All meals are subject to change. Please reserve your meal by 10:30 AM at least one business day in advance by calling the center at 717-938-4649.
Served Daily: 8 ounces Milk and 1 teaspoon Margarine