



**March 2021
Congregate Meal Menu**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 1	March 2	March 3	March 4	March 5
Center Cut Pork Loin w/ 2oz Gravy 1/2c. Whipped Sweet Potatoes 1/2c. Lima Beans White Bread 1/2c. Sliced Apples	Chicken Taco w/ cilantro lime sauce & lettuce 1/2c. Seasoned Corn & Black Beans 1/2c. Seasoned Rice Soft Tortilla Shell Fresh Fruit	Porcupine Ball w/ 2oz Tomato Sauce 1/2c. Garlic Whipped Potatoes 1/2c. Carrots Wheat Bread Sherbet		
March 8	March 9	March 10	March 11	March 12
Mushroom Cheese Burger Potato Salad w/ Crackers Hamburger Roll Fresh Fruit	Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Coleslaw Wheat Bread 1/2c. Warm Apple/Cran Crisp	Swedish Meatballs (4) over 1/2c. Egg Noodles 1/2c. Peas Wheat Bread 1/2c. Mixed Fruit Salad		
March 15	March 16	Happy St. Patrick's Day! 17	March 18	March 19
Lasagna w/ Meatsauce Topped w/ Mozzarella 1/2c. Green Beans Breadstick 1/2c. Diced Peaches	Hot Dog w/ Kraut 1/2c. Cheesy Potatoes 1c. Tossed Salad w/ Cucumber Hot Dog Roll Fresh Fruit	Corned Beef & Cabbage 3/4c. 1/2c. Green Beans Baked Potato Dinner Roll 1/2c. Pistachio Pudding		
March 22	March 23	March 24	March 25	March 26
Country Fried Chicken w/ 2oz creamy gravy 1/2c. Whipped Potatoes w/ chives 1/2c. Mixed Vegetables Wheat Bread Fresh Fruit	Sloppy Joe 1/2c. Ranch Seasoned Potatoes 1/2c. Green Beans WG Sandwich Roll 1/2c. Mandarin Oranges	Harvest Alfredo Chicken over 3/4c. Bowties 1c. Tossed Salad w/ Tomato Italian Bread 1/2c. Pineapple Tidbits		
March 29	March 30	March 31		
Bratwurst 1/2. Scalloped Potatoes 1/2c. Peas Hot Dog Roll Mustard pkt 1/2c. Pears	Creamy Chicke Divan over 1/2c. White Rice 1c. Tossed Salad w/ Tomato Breadstick 1/2c. Warm Peaches	Cottage Pie (stewed beef & veg in gravy topped w/ mashed potatoes) 1/2c. Coleslaw WG Biscuit 1/2c. Warm Cinnamon Applesauce		

*****Please call the center at 717-938-4649 to reserve your meal by 10:30 AM at least one business day in advance.*****

*****Thursday and Friday meals are frozen and must be picked up on Wednesdays.*****

***** Served daily: 8 ounces milk ~ All meals are subject to change *****