






**June 2019
Congregate Meal Menu**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 3	<u>June Birthdays</u>	June 4	June 5	June 6
Baked Meatloaf with Gravy 1/2 cup Baked Potato with Margarine 1/2 cup Wax Beans Wheat Bread Fresh Melon	Roasted Pork with Gravy 1/2 cup Whipped Potatoes 1/2 cup Carrots White Bread Applesauce Cake 	Chicken Marsala 1/2 cup Bow Tie Noodles 1/2 cup Peas Wheat Bread 1/2 cup Mixed Fruit	1/2 cup Seafood Salad over 1 cup Mixed Greens with Tomato and Hardboiled Egg 1 cup Vegetable Soup with Crackers Whole Grain Dinner Roll 1/2 cup Cottage Cheese and Pineapples	BBQ Ribette 1/2 cup Whipped Sweet Potatoes 1/2 cup Creamy Coleslaw White Bread 1/2 cup Sliced Pears
June 10	June 11	June 12	June 13	June 14
Chili Cheese Hot Dog (2 ounces Chili and 1 ounce Cheddar) 1/2 cup Baked Potato 1/2 cup Green Beans Hot Dog Roll 1/2 cup Cinnamon Applesauce	Penne and Meatballs (4) 3/4 cup Pasta with Sauce and Parmesan Cheese 1 cup Tossed Salad with Tomato and Dressing Italian Bread 1/2 cup Warm Peach Crisp	Roasted Sliced Turkey 1/2 cup Mashed Potatoes with Gravy 1/2 cup Mixed Vegetables Wheat Bread Cookie	Santa Fe Salad 1 cup Mixed Greens with 3 ounces Diced Chicken and 2 ounces Roasted Vegetables Dinner Roll 1 cup Tortilla Soup with Tortilla Strips 1/2 cup Pineapple Tidbits	Breaded Pollock Filet 1/2 cup Vegetable Barley Pilaf 1/2 cup Carrots Wheat Bread Fresh Orange
<u>Father's Day Special</u>	June 17	<u>Breakfast for Lunch</u>	June 18	June 19
Bratwurst 2 ounces Sauerkraut Topping 1/2 cup Potato Salad 1/2 cup Baked Beans Hot Dog Roll Apple Pie Slice Mustard Packet 	1/2 cup Mild Buffalo Chicken Sandwich with Shredded Lettuce 1 cup Minestrone Soup with Crackers Sandwich Roll Fresh Melon	Egg Omelet Topped with Cheese Sausage Patty 1/2 cup Breakfast Potatoes Whole Grain Muffin with Jelly 4 ounces Orange Juice	Mandarin and Cranberry Chicken Salad with 3 ounces Chicken, 2 ounces Mandarin Orange, 1 tbl Cranberries 1 cup Mixed Greens with Cucumbers, 1 ounce Blue Cheese Crumble, and Balsamic Dressing Pack 1/2 cup Three-Bean Salad Whole Grain Dinner Roll Cookie	Salisbury Steak with Gravy 1/2 cup Mashed Potatoes 1/2 cup Carrots Wheat Bread 1/2 cup Sherbet
June 24	June 25	June 26	June 27	June 28
Breaded Chicken Cutlet 1/2 cup Macaroni and Cheese 1/2 cup Stewed Tomatoes Wheat Bread Fresh Melon	Turkey and Cheese Sandwich (2 ounces Turkey and ½ ounce Cheese) with Lettuce, Tomato, Condiments 1/2 cup Fresh Broccoli Salad Whole Grain Sandwich Roll 1/2 cup Applesauce	Pineapple Glazed Ham 1/2 cup Whipped Sweet Potatoes 1/2 cup Green Beans Wheat Bread 1/2 cup Sliced Pears	Stuffed Pepper with Tomato Sauce 1/2 cup Garlic Whipped Potatoes 1/2 cup Coin Carrots Dinner Roll Strawberry Shortcake 	1 cup Roast Beef and Dumplings 1/2 cup Creamy Coleslaw Whole Grain Buttermilk Biscuit 1/2 cup Sliced Peaches

****Please reserve your meal by 10:30 AM at least one business day in advance by stopping in or calling 717-938-4649**

All meals are subject to change Served Daily: 8 ounces Milk and 1 teaspoon Margarine