

<u>Our Team:</u> Executive Director: Carman Banzaca

Food Service Manager: Nancy Jones

Program Coordinator Jason Querry

**Receptionists:** Sue Hirshman & Wavelene Lamp

### Volunteer Opportunities Available:

~Receptionist (M, Th, & F) ~Lunch Hour Help (Substitutes) ~Social Media Admin ~Cleaning Help ~Painters/ ~Handypersons

**Center & Thrift Shop Hours:** 8:30 AM– 3:00 PM, Monday-Friday

Tel: (717)938.4649 Fax: (717)938.2399





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## **DIRECTOR'S CORNER**

xoxo		BE	LOVE YOU
FIR	ST SS	A	LL.

February Greetings-

It is our hope here at Red Land Senior Center that We you can feel all the love this month...

It seems almost impossible not to have your heart beat a little faster and feel thankful for those around you when surrounded by red and pink decorations, tales of Cupid, and the countless boxes of chocolate lining the aisles of the stores.

I believe we're all lucky in love here at our center! I know we are excited about the activities coming up this month, as well as the opportunity to continue to get to know our other center participants and build relationships with our team members. We love looking forward to the meals planned throughout February, as well as the chances to celebrate the great love stories of all our lives. Wishing you all the love this month and beyond— Be well, & until next time...

- Carman

Don't forget—Winter weather closings and delays may be found on ABC 27 and WGAL 8. Closings & delays can also be found on our Facebook page or you may call the center & listen for the message.







The Red Land Senior Center Newsletter — for the Month of February 2024



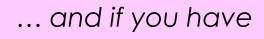
Regularly Scheduled Activities
🜞 <u>Rise &amp; Shine Club &amp; After Lunch Bunch —</u> Join other members for friendly chats, coffee & a
snack—such a great way to start your days or to spend an afternoon here at RLSC!
Sumba Gold — Get movin' and groovin' with Lisa on Mondays at 10:00 AM! Classes are \$6
_ each and are pay as you go.
Mah Jongg— Is presently on a "Winter-Hiatus" - Mah Jongg will resume after Tax Season!
<u>Pinochle</u> — come join the fun on <b>Tuesdays</b> at 9:00 AM
Bridge — Play or learn the game on Mondays at 10:00 AM! Price Pieze And Andrew States and An
Prize Bingo — BINGO fun for everyone—Every Tuesday at 12:30 PM, bring \$2 or a prize to
contribute to the fun
Main RLSC Choir Meetings — RLSC Choir will be back soon—see Jason for more information!
Wii Bowling— Can you knock down the competition? Fridays at 12:30 PM
no ball or shoes necessary! Players of EVERY ability/skill level encouraged to try
A <u>Bible Study</u> (+
the conversation every second Tuesday at 10:00 AM
Fresh Express—Free fresh and non perishable food will be available to those income
eligible. This month's distribution will be on <b>2/20</b> at 9:30. Please register/cancel by <b>2/13</b>
-
January's make up date will be <b>2/1/24</b> , starting at 10 AM.
<b><u>X</u></b> Low Impact Exercise—Classes are Wednesdays at 10:00 AM. These classes incorporate
chairs and are intended to promote strength and stability.
Sewing Club — Our Sewing club will meet Thursdays at 9:30 AM. Stop in for a lesson, or
even for help/guidance with your own sewing projects
Section 2017 Art with Betsy—Art classes with Betsy will be each Wednesday of February at 12:30 PM
Y Make & Take Crafts with Liv— Join Liv 2nd and 4th Wednesdays all month long and try
your hand at creating make and take crafts. All welcome, materials provided (\$2)
Haircuts with Rose—Rose will be back on Monday 2/5 at 12:30 PM—Please, sign up in Co-
pilot, Appointment reservations are required—appts available first come/first serve
Movie & Popcorn— Sight and Sound Theater's 2022 film "I heard the bells" will be shown
In the Large Bingo room on <b>2/16</b> at 10AM
Ice Cream Social — Stop in for a sweet treat on 2/27 at 12:30. Floats are \$1 and sundaes
are \$2—Bring your own banana for a banana split! Ice Cream Sandwiches will be on sale
for \$1 on Wednesdays—Classic and Neapolitan Varieties.
<b><u>Book Club</u></b> —Book club meets every month on the <b>last Tuesday (2/27)</b> at 10 AM to discuss
and review the selection read. All are welcome, copies of the book available to borrow.
<u>Live Music with Keil Holland</u> —Come listen to Keil play all the favorites 2/14 Other Events & Fun:
<u>"Axe Throwing"</u> Try your luck at hitting the target an indoor version of axe throwing. 2/9
Hearts Play — Come learn to play or join a fun card game of Hearts. 2/29
Tap Class with Janet— Let Janet show you how it is done! Tap dancing at its finest! Thursdays
<u>Chair Volleyball</u> Take a seat and let's have a ball—Beach Volleyball is back! 2/2
Valentine's Card Creations with Jason— Get creative and make something special on 2/8
Pass the Pigs "Dice" game— Get rolling on a good time, foam pigs and a bushel of fun! 2/6
Anniversary & Birthday Celebration—If you have a birthday or anniversary in February come
celebrate with us! Cake will be served. Sure to be a great time—2/13, after the meal



1.3.

A warm welcome to our newest RLSC members: When you see these new folks, be sure to give them a warm, Red Land Welcome!

# Larry Bailey, Linda Dalton, Earl Sowers, Robert Knuth & Nila Knuth, David Speese & Vicki Speese, & James Davidson,



printing,



joined since this Welcome to you

## **Upcoming Programming Preview-**

## This Spring and Beyond...

- State Capital Tour
- Hershey Store Museum
- Cherry Blossom Festival
- Timeline Arcade (York)
- Nissley Winery Tour & Tasting
- York Revolution Baseball Game
- Shopping Trips to Lititz & Gettysburg
   Outlet Shops, Tanger Outlets

- Sight & Sound Performance
- Wolf Sanctuary
- York State Fair
- Hershey Gardens
- Lake Tobias
- Amish Village
- Country Kettle Village
- Whitaker Center
- American Music Theater & More...

We're still looking for others interested creating programming opportunities... Something you did in your pre-retirement life that you would be willing to share with our participants? We'd love to hear about it, and help you demonstrate something you're good at! ? Would you be interested in leading a group or class? See Carman or Jason with any programming suggestions or information on how to participate or start something up!

This February newsletter has been sponsored by: AN ANONOYMOUS CONTRIBUTOR

Next time, it Could Be You!!! See Carman for information

Your RLSC Board of Directors 2023-2024

President:

**Bob Gasswint** 

Vice President:

Marie Dunstan

Secretary:

Lois Musto

Treasurer:

Katie Davis

Members at Large:

Eric Stauffer

L

L

Dave Brinton

John Staz

Claire Kilbourne

John Minito

Shirley Wilt

Again, our recognition and appreciation to the following in the month of January:

Jack & Eileen Clauser, Karns, Lori Crissman, Ruth Bolger, Gwen Rush, Culley's Service & Snow Removal, Newberry Township, Richard Zimmerman & Lisa Freese, Leroy Miller, Lillian Pusey, Lucy Hart, The Beard's, The Wilson's, The Reichard's, Madison @ PA Links, & The Dodson's, Jerry & Patricia Dively, & Vera Timko

And of course to those of you who continue to contribute Anonymously, or those who we may have inadvertently missed your name... we couldn't do it without your support!

WE TRULY **V. THANK YOU** 

Our monthly newsletters are a vital part of our center-wide communication efforts, however, they do come at a cost to the center.

SETTE

We are also currently seeking sponsorships for our monthly newsletter to help defray the cost of printing, paper, mailing, etc. This simply means you may make a donation towards this expense. It is \$60 for a co-sponsorship or \$120 for a full sponsorship. You may choose to sponsor in memory of a loved one, in honor of a birthday/anniversary/event, or you may remain anonymous.

Please note that up to two individuals/families per month may be co-sponsors. If you should wish to make a simple donation of any amount to help offset the newsletter costs, we would be absolutely appreciative and grateful for that too.

THANK YOU, AGAIN TO EVERYONE WHO SPONSORED IN 2023!





N.S.

The Red Land Senior Center Newsletter — for the Month of February 2024 "Sharing memories from the past and making new ones for the future!" sty.

	2 10	81	ه م ا			16					23					Т	1					
York County	Friday Open Faced Turkey Sandwich	w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Corm 1 White Bread	7000° Vegetable Lasagna w/ Sauc 1c Tossed Salad	1/2c Peas 1 Italian Bread	Cookie		Baked Pollock	1/20 Macaroni & Cheese 1/20 Spinach	1 Wheat Bread 1/2c Mandarin Oranges			Egg Salad Sandwich	w/ Lettuce & Tomato 1/2c Potato Salad	1/2c Beets	2 Wheat Bread 1/2c Sliced Peaches	3			•	Inutrition a	dama	
	Thursday I Tuna Salad Sandwich	w/lettuce & tomato 1/2c Potato Salad 2 White Bread Fresh Orange	8 Salisbury Steak w/ Gravy Baked Potato w/ Maraarine	1/2c Green Beans 1 Wheat Bread	1/2c Gelatin	15	Turkey Chef Salad	lo Mixed Greens w/ Tomato)	Ic Cream of Cauliflower Soup 1 Wheat Bread	1/2c Fruited Gelatin	22	Philly Cheeseburger	w/ Provolone, Peppers, &Onions Ic Cream of Potato Soup	Sandwich Roll	Fresh Seasonal Fruit	29	Cheese Omelet	w/ Ham, Peppers, Onions	1 Sausage Patty	1/2c Breakfast Potatoes 1 Fnalish Muffin w/ Jellv	4oz Apple Juice	business day in advance
February	Wednesday		7 Chicken Taco w/Lettuce & Tomato	1/2c Seasoned Com & Blackbeans 1/2c Spanish Rice	Soft Tortilla Shell 1/2c Pineapple	Ash Wednesday/Valentine's Day 14	Crab Cake	1/20 harmesan Ganio Nooales 1/20 Peas	1 Wheat Bread Seasonal Fresh Fruit	+ -	21	Balsamic Glazed Chicken w/	Tomatoes & Mozzarella Cheese 1/2c Penne Pasta	1/2c Mixed Vegetables	1/2c Fruited Gelatin	28	Lemon Dijon Pork Loin	1/2c Buttered Pasta	1/2c Mixed Vegetables	1 Wheat Bread		om to reserve your meal by 10:30 AM at least one i Aargarine ~ All meals are subject to change "**
K ENTER	Tuesday	"menu subject to change	6 Chicken Parmesan w/ Toz Shredded Cheese	1/2c Rotini w/ Sauce 1c Tossed Salad w/ Tomato	1 Garlic Breadstick 1/2c Mixed Fruit	13	Chicken Marsala w/	202 Mushroom sauce 1/2c Blended Rice	1/2c Carrots 1 Breadstick	1/2c Applesauce	20	Cabbage Casserole	w/ 202 Sauce 1c Tossed Salad	1/2c Carrots	1 White Bread Seasonal Fresh Fruit	27	Mango BBQ Chicken Breast	1/2c Brown Rice	1/2c Carrots	Wheat Bread Fresh Orange	0	***Please call the center at 717-938-4649 or go to www.community.copilof21.com to reserve your meal by 10.30 AM at least one business day in advance.*** **** Served daily: 8 ounces Milk and 1 tablespoon Margarine ~ All meals are subject to change ***
RED LAND SENIOR CENTER	Monday		5 Pot Roast w/ Gravy 1/2c Parsley Potatoes	1/2c Coin Carrots 1 Italian Bread	1/2c Peach Crisp	12	Sloppy Joe	1/2c kanch koastea rotatoes 1/2c Island Blend Vegetables	1 Hamburger Bun Seasonal Fresh Fruit		President's Day 19		We will be	CLOSED	PRESIDENT'S DAY	26	Swedish Meatballs (4)	1/2c Rice	1/2c Peas	1 Wheat Bread 1/2c Apple Crisp		""Please call the center at 71 "

"Sha

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The Red Land Senior Center Newsletter – for the Month of February 2024 ring

memories from the past and making new ones for the future!"

N.

Grab & Go Meals at Home are always a convenient alterative to coming in and eating in the center. Order these meals by 10:30 AM the day prior, and plan to pick up after 11:30AM Monday—Friday. Be sure to call and cancel if you are unable to pick up your meal(s) so not wasted. We are able to hold meals for 24 hours Questions? — We're here to help





### 🚨 Mark your Calendar now: 🚨

Sightseeing Bus Trip to Washington, D.C.— THIS TRIP HAS A NEW DATE! In time for The Cherry Blossom Festival - April 10, 2024 —\$85/Per Person | Bring Spending money

www.RedLandSeniorCenter.org +1-717-938-4649

💙 February Trips: 💙

Per Person

**Dutch Apple Theater "The Mouse Trap"** - An Agatha Christie mystery = a fun afternoon, of "dinner" and a show. Cost \$91 per person

Dave & Buster's—February 29th, leaving RLSC at 10:30 for an afternoon spent playing video and arcade type games, enjoying the fare and having fun! \$11 | Bring Spending money





### Love Jokes

I must be a snowflake because I fell for you.

Did you hear about the near-sighted porcupine? He fell in love with a pincushion.

A couple is on a date at an expensive restaurant. The woman tells the man to tell her something that will get her heart racing. He says, "I forgot my wallet."

I'm no photographer but I can picture us together.

If I could rearrange the alphabet, I would put U and I together.

Are you a banana? Because I find you a-peeling.

I know this is going to sound cheesy, but I think you are the grate-est.

How did the telephone propose to its partner? It gave her a ring.

My new girlfriend works at the zoo. I think she's a keeper.

What's the difference between love and marriage? Love is blind. Marriage is an eye-opener.

Never laugh at your wife's choices. You're one of them.

Why shouldn't you fall in love with a pastry chef? Because they will dessert you.

What do you call two birds in love? Tweet-hearts!

What did one boat say to the other? Are you up for a little row-mance?



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RED LAND Senior Center

ing memories from the past and making new ones for the future

# **SPACE/SPONSORSHIPS** WRITER WIN **NOW AVAILABLE**

BECOME A SPONSOR — **SPACE AVAILABLE IN OUR NEWSLETTERS & WEEKLY E-BLASTS!** With readership of over 1000+ and growing monthly!

Let us help you grow your business—while you support

**RLSC & area seniors** Contact one of our staff today— (717)938.4649 for information

# Galentine's Day?

Not all love is a romantic love. Celebrating the friends you love is the purpose of a new "holiday", Galentine's **Day! Friends gather for** glasses of wine or a relaxed dinner to show their appreciation for one another.

K.Y.



## **RLSC Motivational Quote**

The obstacles of your past can become the gateways that lead top new beginnings...

- Ralph Blum

#### **Special Days in February**

- ] st Black History Month 5<sup>th</sup> Read Aloud Day 12th Abe Lincoln's B-day Mardi Gras 13<sup>th</sup> Galentine's Day 13<sup>th</sup> 14<sup>th</sup> Valentine's Day 18<sup>th</sup> Drink Wine Day
- 21st Language Day
- Baden-Powell's Bday 22<sup>nd</sup>
- **29**th Leap Day



### **RIDDLE ME THIS???**

I have no life, but I can die. What am I?

What has a head and a tail, but no legs?

A MAN DIES OF OLD AGE **ON HIS 25TH BIRTHDAY. HOW IS THIS POSSIBLE?** 

Battery 2) Coins 3) Leap Year, he was 100

Riddle Answers:

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REVIEW US ON

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COME

facebook.



Tax season is just around the corner! Red Land Senior Center will once again be partnering with AARP to offer free, simple tax preparation on Fridays starting in February—Tax Season. Available dates will be 2/9, 2/23,

At Red Land Senior Center

Register

3/8, 3/22, 4/5 This service is by appointment only; walk ins will not be accepted. If you and your spouse are filing jointly, only one appointment is necessary. Those filing separately will need two different appointments. You may call or register in person after January 9th to make your appointment on a first come, first served basis. (717)938.4649

VOLUNTEER

### Congratulations, to our February 2024

OF THE Volunteer of the month MONTH Gwen Rush. She was nominated for her dedication to organizing, doing inventory, and to helping grow the RLSC Thrift and Christmas shops. Your efforts and that of all the thrift shop volunteers are a service to all who pop-in. A very big Thank you, Gwen, we think you're SUPER!





If you have ideas or suggestions for other stellar RLSC volunteers to nominate/recognize, please let us know! Forms are available in the both RLSC offices, the website or a member of our RLSC staff.



CENTER! NOT ADULT DAYCARE E HAVE TO OFFER, STAY FOR A MEAL!

**ARE YOU 60+??** 

WE WANT YOU AS A

NO COST TO JOIN

RE WELCOME!

R Today TICIPANT — THIS IS A

SENIOR ACTIVITY / COMMUNITY

Don't forget - the center sells grocery gift cards to Giant and Karns Grocery throughout the They work as a gift or year. simply purchase one to use for your regular grocery shopping. 5% of all cards sold are donated to the senior center, so it's a winwin! Stop in today to get your

**Despite the CrAzy Weather** January was a fun month! We were out and about and didn't let it slow us down!



**PLSC Winter Wonderland 2024** 



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# **February Trivia**

2024 is a leap year! This means you'll find an extra day in February this year. What will you do with it? Zodiac signs: Aquarius & Pisces Birthstone: Amethyst Flower: Primrose



Are you interested in becoming involved with this year's Give Local York campaign? If so, we are looking for

a few people to form a committee to help with the planning for the May 2-3 2024 campaign. Call and speak with Carman for more information on how you take part



in what has become our biggest, one day







The RLSC FEBRUARY SUB SALE Due to popular demand we are continuing to offer the Sub & Sandwich Sale! Try a Sub or Pretzel Roll Sandwich—Our next fundraiser sale will start on 2/1-2/19—Look for details on Facebook or come pick-up your order forms in person at the center on the resource table. Please see Staff for more information/ Named any questions.

\*In 2024 there was a .50 price increase\*

**Red Land Senior Center** in the large Bingo room This month's Book title: Yet to Be

The RLSC Book Club will

meet on the last Tuesday of the month at 10 AM







In March we will resume our locally famous chicken BBQ fundraisers March 23 will be our first chicken BBQ. Look for more details in next month's newsletter! Don't forget, volunteers to help prepare and execute the BBQ/Drive-Thru are always needed, welcome, and appreciated! Future BBQ Dates: 4/27, 5/18, 6/29, 7/27, 8/31, 10/5, 10/26



The Red Land Senior Center Newsletter — for the Month of February 2024 future!" mories from the makina new ones for the

February 2024											
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
			1 10 — Fresh Express Make Up Date from Jan 12:30— Tap Dancing Class	2 11- Chair Volleyball	3						
5 12:30— Haircuts with Rose (Appt Needed), SnoCones	<b>6</b> 10 — Pass the Pigs	7 12:30— Ice Cream Sandwiches \$1 — Art Class with Betsy	8 10 — Creative Valentine Card Making (\$2) 12:30— Tap Dancing Class	9 9—AARP Tax Aide Appointments 10:30—Axe Throwing 12:30— Valentine's Day Food Craft	10						
12 12:30—Fruit Juice Tasting	13 10 — Bible Study 11— February Birthday & Anni- versary Recogni- tion Party!	14 valentine's Day 11—Keil Holland's Live Music 12:30— Ice Cream Sandwiches \$1 — Art Class with Betsy	15 9 — Dutch Apple Theater "The Mousetrap" 12:30— Tap Dancing Class	16 10 :30—Flickin' Chickens 10– Movie & Popcorn "I Heard the Bells" (2022)	17						
19 Closed President's Day	20 9:30—Fresh Express Pickup	21 10:30—Vinnie's Hearing 12:30— Ice Cream Sandwiches \$1 — Art Class with Betsy	22 10 — Members Ideas Meeting 2024! 12:30— Tap Dancing Class	23 9—AARP Tax Aide Appointments	24						
12:30— Candle Painting (\$2)	27 10 — Book Club 11 — Root Beer Making with Jason 12:30 — Ice Cream Social	28 12:30— Ice Cream Sand- wiches \$1 — Art Class with Betsy	29 10 — Hearts 10:30 — Dave & Buster's Trip 12:30— Tap Dancing Class	REPEATING WEEKLY ACTIVITIES: M-F 9AM Rummikub T-F 8:30 Rise & Shine Club M-Th@1 After Lunch Bunch Monday's 10– Zumba Gold \$6 & Bridge	Tuesday's 9 AM—Pinochle 12:30—Prize Bingo Wednesday's 10- Low Impact Exercise Thursday's 9:30- Sewing Club Friday's 12:30 Wii Bowling						
**************************************		and Senior Center Newslet from the past an			· / "						

OUR CENTER IS CLOSED ON FEBRUARY 19th IN OBSERVANCE OF PRESIDENT'S DAY HOLIDAY-



## SENIOR CENTER

736 Wyndamere Road Lewisberry, PA 17339

Phone: (717)938.4649 Fax: (717)938.2399 Email: Director@RedLandSeniorCenter.org Website: www.RedLandSeniorCenter.org

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Helen Falkenstein	2 🖕	1 Abb Jh + Lb .	1 4 1	Level De com	01
Emma Peters	3	APY BR	DAY	James Rogers	21
Debra Gotshall	4	- 🚔 🚄 🥮 🚝		Constance Samsel	21
Bernard Rush	4 *			Mary Weller	21
Richard Clemens	5			Dolores Boyer	22
Katherine Davis	5			Jacob Mauzone	22
Donald Dodson	5			Elizabeth Staz	23
Mary Alice Gillespie	5		APPY	Sandra Clemens	24
	5	BIRTH		Kathleen Gesford	24
Donna Jerzerick		FEBRU		Martha Habig	<ul> <li>25</li> </ul>
Nancy Lagerman	5	B B	ORN	Luanne Hunter	26
Rita Wise	6			Donna Nieman	26
Anthony Yannella	6			Alan Bryant	- 27
Connie Zeplin	6	Vera Timko	13	Joann Howard	27
George Craft	8	Shirley Wilt 🥄 💦 🧠	13	Gary Manoni	27
Richard Illioff	8	Ruth Chamberlain	14	Charles Pagze	27
Clyde McDowell	8	Robert Tietjen	14	Samuel Steigerwalt	27
Stuart Andrews	10	Linda Brown	15 👞	Dorothy Taylor	27
Robin Sanger	10	Frank Mailey	15	Diane Atticks	28
Jeffrey Wiest	12	Robert Brothers	-20	Peter lvkovich	- 28
Kathryn Cheaney	13	Irene Justus	20	Vicki Lynn Speese	28
Daniel Stoltz	13	Suz <mark>y</mark> Kreeger	20		

Please let us know if our list of birthdays is incorrect/in need of updating. We thank you!