




**February 2021
Congregate Meal Menu**



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--------------------|--------------------|
| February 1 Hot Dog w/Kraut 1/2 c Cheesy Potatoes 1/2 c Green Beans Hot Dog Roll Fresh Fruit | February 2 Lasagna w/Meat Sauce Topped w/Mozzarella 1 c Tossed Salad w/Cucumber Breadstick 1/2 c Diced Peaches | February 3 1 c White Chicken Chili 1 c Tossed Salad w/Tomato 1/2 c Baked Potato w/Margarine WG Mini Biscuit Cookie | February 4 | February 5 |
| February 8 1/2 c Sloppy Joe 1/2 c Ranch Seasoned Potatoes 1/2 c Green Beans WG Sandwich Roll 1/2 c Mandarin Oranges | February 9 Country Fried Chicken w/ 2 oz Creamy Gravy 1/2 c Whipped Potatoes 1/2 c Mixed Vegetables Wheat Bread Fresh Fruit | February 10 1/2 c Harvest Alfredo Chicken over 3/4 c Bowties 1 c Tossed Salad w/Tomato Italian Bread 1/2 c Pineapple Tidbits | February 11 | February 12 |
| February 15 PRESIDENT'S DAY!  | February 16 HOLIDAY SPECIAL! Chicken Rosa - 1 Each Baked Potato w/Sour Cream 1/2 c Sweet Peas & Onions Dinner Roll 1/2 c Strawberry Fluff | February 17 Salisbury Steak w/2 oz Onion Gravy 1/2 c Cabbage & Noodles 1/2 c Diced Carrots Wheat Bread 1/2 c Pineapple Delight | February 18 | February 19 |
| February 22 Smokey BBQ Burger Topped w/ Cheddar, BBQ Sauce, Crispy Onions 1 c Creamy Cauliflower Soup w/Crackers Sandwich Roll Fresh Fruit | February 23 Sweet & Sour Pork Loin 1/2 c Blended Rice Pilaf 1/2 c Green Beans WG Dinner Roll 1/2 c Mixed Fruit | February 24 1 c Chicken & Biscuit 1/2 c Pepper Slaw WG Buttermilk Biscuit 1/2 c Warm Peaches | February 25 | February 26 |

*****Please call the center at 717-938-4649 to reserve your meal by 10:30 AM at least one business day in advance.*****

*****Thursday and Friday meals are frozen and must be picked up on Wednesdays.*****

***** Served daily: 8 ounces milk ~ All meals are subject to change *****