






**December 2020
Congregate Meal Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 1 	December 1 1/2 c. Chicken Taco w/Cilantro Lime Crème Sauce & Lettuce 1/2 c. Seasoned Corn & Black Beans Soft Tortilla Shell Fresh Fruit	December 2 Baked Cabbage Roll/Porcupine Ball w/2 oz Tomato Sauce 1/2 c. Garlic Whipped Potatoes 1/2 c. Carrots Wheat Bread Sherbet	December 3	December 4
December 7 Mushroom Cheese Burger Coleslaw Hamburger Roll Fresh Fruit	December 8 Mango BBQ Chicken Breast 1/2 c. Brown Rice 1/2 c. Lima Beans Wheat Bread 1/2 c.. Warm Apple Cranberry Crisp	December 9 Swedish Meatballs (4) over 1/2 c. Egg Noodles 1/2 c. Peas Wheat Bread 1/2/ c. Mixed Fruit Salad	December 10	December 11
December 14 Baked Chicken w/Gravy 1/2 c. Parsley Potatoes 1/2 c. Green Beans 1/2 c. Applesauce	December 15 HOLIDAY SPECIAL Roast Turkey w/Gravy 2 oz Homemade Stuffing 1/2 c. Whipped Potatoes 1/2 c. Sweet Peas & Carrots Dinner Roll Apple Pie 	December 16 Baked Ham w/Raisin Sauce 1/2 c. Whipped Sweet Potatoes 1/2 c. Warm Beets White Bread Fresh Fruit	December 17	December 18
December 21 Country Fried Chicken w/2 oz. Creamy Gravy 1/2 c. Ranch Potatoes 1/2 c. Mixed Vegetables Wheat Bread Fresh Fruit	December 22 1/2 c. Sloppy Joe 1/2 c. Whipped Potatoes 1/2 c. Green Beans WG Sandwich Roll 1/2 c. Mandarin Oranges	December 23 1/2 Harvest Alfredo Chicken over 3/4 c. Bowtie Noodles 1 c. Tossed Salad w. Tomato & Dressing Italian Bread 1/2 c. Pineapple Tidbits	December 24 	December 25
December 28 Bratwurst 1/2 c. Scalloped Potatoes 1/2 c. Peas Hot Dog Roll 1/2 c. Pears	December 29 1/2 c. Creamy Chicken Divan over 1/2 c. White Rice 1 c. Tossed Salad 2/tomato & dressing Breadstick 1/2 c. Warm Peaches	December 30 1/2 c. Cottage Pie (Stewed beef & vegetables in gravy topped w/buttery mash potatoes) 1/2 c. Coleslaw WG Biscuit 1/2 c. Warm Cinnamon Applesauce	December 31	

Please call the center at 717-938-4649 to reserve your meal by 10:30 AM at least one business day in advance.

Thursday and Friday meals are frozen and must be picked up on Wednesdays.

*** Served daily: 8 ounces milk ~ All meals are subject to change ***