



Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 				December 1 Baked Salmon with Dill Sauce 1/2 cup Brown Rice 1/2 cup Green Beans White Bread 1/2 cup Pineapple Tidbits
December 4	December 5 <u>December Birthdays</u>	December 6	December 7	December 8
BBQ Chicken Breast 1/2 cup Scalloped Potatoes 1/2 cup Sweet and Sour Coleslaw Wheat Bread Brownie	Veal Roulade with Gravy 1/2 cup Mashed Potatoes 1/2 cup Coin Carrots White Bread 1/4 cup Cottage Cheese with 1/2 cup Sliced Peaches <u> Birthday Cake</u>	Tomato and White Wine Braised Chicken Thigh 1/2 cup Rice Pilaf 1/2 cup Mixed Bean Medley Wheat Bread Fresh Seasonal Fruit	Porcupine Ball with 2 ounces Tomato Sauce 1/2 cup Garlic Whipped Potatoes 1/2 cup Green Beans Dinner Roll 1/2 cup Cinnamon Apples	Cheeseburger with Lettuce and Tomato 1 cup Homemade Vegetable Soup with Crackers Hamburger Roll 1/2 cup Sliced Pears
December 11	December 12	December 13	December 14	December 15
Center Cut Pork Chop with 2 ounces Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Braised Red Cabbage White Bread 1/2 cup Apple Cranberry Crisp	1 cup Chili Con Carne 1 cup Tossed Salad with Tomato and Dressing 1/2 cup Baked Potato with Sour Cream Biscuit Mandarin Oranges	4 ounces Burgundy Beef with Mushrooms Served over 1/2 cup Egg Noodles 1/2 cup Yellow Beans Wheat Bread 1/2 cup Mixed Fruit Salad	1/2 cup Pizza Burger (Ground Beef, Marinara, Mozzarella) 1/2 cup Baked Sweet Potato Bites 1/2 cup Creamy Coleslaw Hamburger Roll 1/2 cup Ice Cream	Potato Crusted Pollock 1/2 cup Cheesy Shells 1/2 cup Stewed Tomatoes White Bread Fresh Seasonal Fruit
December 18	December 19 <u>Holiday Special</u>	December 20	December 21	December 22
Kielbasa 1/2 cup Loaded Diced Potatoes 1/2 cup Baked Beans Hot Dog roll Fresh Seasonal Fruit	Chicken Cordon Bleu with Gravy 3 ounces Homemade Stuffing 1/2 cup Whipped Potatoes 1/2 cup Sweet Peas and Carrots Dinner Roll Boston Crème Pie	Pot Roast with 1 ounce Gravy 1/2 cup Baked Potato with Sour Cream 1/2 cup Sliced Carrots Italian Bread Sugar Cookie	1 cup Chicken Pot Pie with Mixed Vegetables 1/2 cup Coleslaw White Bread Fresh Seasonal Fruit	Beef Burrito 3 ounces Meat and Cheese with 1/4 cup Lettuce and Tomato 1/2 cup Warm Fiesta Corn 1/2 cup Spanish Rice Tortilla Shell 1/2 cup Baked Pineapple
December 25  Merry Christmas	December 26 CENTER CLOSED 	December 27	December 28	December 29
		Roasted Porkloin with 1 ounce Gravy 1/2 cup Rosemary Seasoned Redskins 1/2 cup Green Beans Biscuit with Apple Butter Fresh Seasonal Fruit	Baked Sweet Sausage Sandwich with 2 ounces Peppers & Sauce and 1/2 ounce Mozzarella Cheese 1 cup Cheesy Potato Soup with Crackers Hoagie Roll Peach Cobbler Delight	Baked Chicken Breast with Gravy 1/2 cup Blended Rice Pilaf 1/2 cup Oriental Vegetable Blend White Bread 1/2 cup Pineapple Delight

*** All meals are subject to change *** Reserve your meal by 10:30 AM one business day in advance by calling 938-4649

*** Served Daily: 8 ounces Milk and 1 teaspoon Margarine