



## April 2021 Congregate Meal Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>April 5</b> Cheeseburger 1/2 c BBQ Butterbeans 1/2 c Macaroni Salad Sandwich Roll Fresh Cantaloupe	<b>Happy Easter!!</b> Baked Ham/Raisin Sauce 1/2 c Sweet Potatoes 1/2 c Beets Wheat Bread Cookie	<b>April 6</b> 1/2 c Pot Roast 1/2 c Whipped Potatoes w/Gravy 1/2 c Carrots Wheat Bread 1/2 c Sliced Pears	<b>April 7</b>	<b>April 8</b>
<b>April 12</b> Baked Breaded Chicken Cutlet 1/2 c Scalloped Potatoes 1/2 c Tomato & Cucumber Salad White Bread 1/2 c Fruited Gelatin	<b>April 13</b> Roasted Pork w/Mushroom Sauce 1/2 c Vegetable Rice Pilaf 1/2 c Green Beans Wheat Bread 1/2 c Pineapple Delight	<b>April 14</b> Baked Meatloaf w/Gravy 1/2 c Baked Potato w/ Margarine 1/2 c Wax Beans Wheat Bread Cookie	<b>April 15</b>	<b>April 16</b>
<b>April 19</b> Pepper Steak w/Gravy 1/2 c Rice Pilaf 1/2 c Oriental Blend Vegetables Wheat Bread 1/2 c Pears	<b>April 20</b> Penne & Meatballs (4) w/Marinara 3/4 c Pasta w/Sauce 1 c Tossed Salad w/Tomato & Dressing Italian Bread 1/2 c Pineapple	<b>April 21</b> 1/2 c Warm Roast Beef Sandwich w/ Mozz 1/2 c Roasted Parmesan Redskins 1/2 c Carrots Sandwich Roll Fresh Banana	<b>April 22</b>	<b>April 23</b>
<b>April 26</b> BBQ Riblette Potato Salad Cornbread Square Fresh Fruit	<b>April 27</b> Kielbasa & 2 Tbsp. Sauerkraut 1/2 c Whipped Potatoes 1/2 c Green Beans 2 WW Bread Gelatin	<b>April 28</b> Fiesta Chick Salad ( 3 oz. Fajita Chicken, 1 oz. Cheddar, Salsa, Sour Cream) 1 c Mixed Greens w/ Tortilla Strips Three Bean Salad WG Dinner Roll Fresh Fruit	<b>April 29</b>	<b>April 30</b>

**\*\*\*Please call the center at 717-938-4649 to reserve your meal by 10:30 AM at least one business day in advance.\*\*\***

**\*\*\*Thursday and Friday meals are frozen and must be picked up on Wednesdays.\*\*\***

**\*\*\* Served daily: 8 ounces milk ~ All meals are subject to change \*\*\***