



April 2019 Congregate Meal Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 1	April Birthdays	April 2	April 3	April 4
Sweet Sausage Sandwich with Peppers and Sauce 1/2 cup Cheesy Hashbrowns Whole Grain Sausage Roll Fresh Watermelon	Roasted Pork with Dijon Mushroom Sauce 1/2 cup Vegetable Rice Pilaf 1/2 cup Green Beans Wheat Bread 1/2 cup Pineapple Delight Birthday Cake	Pepper Steak with Gravy 1/2 cup Whipped Potatoes 1/2 cup Sweet Peas White Bread 1/2 cup Pears	Chicken Parmesan with Marinara Sauce and Cheese 1/2 cup Penne Pasta with Sauce 1 cup Tossed Salad with Dressing Italian Bread 4 ounces Apple Juice	Tuna Salad Sandwich with Lettuce and Tomato 1 cup Lentil Soup with Crackers 2 Slices White Bread Fresh Orange
April 8	April 9	April 10	April 11	April 12
Cheeseburger 1/2 cup BBQ Butter Beans 1/2 cup Macaroni Salad Sandwich Roll Fresh Cantaloupe	Rotisseri Chicken with Gravy 1/2 cup Whipped Potatoes with Chives 1/2 cup Mixed Vegetables Whole Grain Biscuit 1/2 cup Sliced Peaches	Beef Brasciole with Gravy 1/2 cup Roasted Redskin Potatoes with Rosemary and Garlic 1/2 cup Green Beans Wheat Bread Fresh Banana	Picnic Lunch - Sign Up by 4/2 Italian Sandwich with Lettuce & Tomato Coleslaw Pasta Salad Fresh Fruit Iced Tea	Baked Haddock with Cream Sauce 1/2 cup AuGratin Potatoes 1/2 cup Carrots White Bread 1/2 cup Orange Gelatin with Mandarin Oranges
April 15	April 16	April 17	April 18	April 19
Baked Meatloaf with Gravy 1/2 cup Baked Potato with Margarine 1/2 cup Wax Beans Wheat Bread Fresh Watermelon	Roasted Pork with Gravy 1/2 cup Sauerkraut 1/2 cup Whipped Potatoes White Bread Applesauce Cake	Chicken Marsala 1/2 cup Bow Tie Noodles 1/2 cup Brussel Sprouts Wheat Bread 1/2 cup Mixed Fruit	BBQ Ribette 1/2 cup Parsley Potatoes 1/2 cup Creamy Coleslaw White Bread 1/2 cup Sliced Pears	
Easter Special	April 23	April 24	April 25	April 26
Baked Ham with Cloves 1/2 cup Sweet Potato Supreme 1/2 cup Green Beans Rye Bread White Cake with Strawberry Topping	Penne and Meatballs (4) 3/4 cup Pasta with Sauce and Parmesan Cheese 1 cup Tossed Salad with Tomato and Dressing Italian Bread 1/2 cup Warm Peach Crisp	Chili Cheese Hot Dog (2 ounces Chili, 1 ounce Cheddar) 1/2 cup Baked Potato 1/2 cup Green Beans Hot Dog Roll 1/2 cup Cinnamon Applesauce	Santa Fe Salad (1 cup Mixed Greens with 3 ounces Diced Chicken and Cheddar, and 2 ounces Roasted Veggies) Dinner Roll 1 cup Tortilla Soup with Tortilla Chips 1/2 cup Pineapple Tidbits	Honey Mustard Chicken Sandwich with Cheese 1/2 cup Parmesan Redskin Potatoes 1/2 cup Mixed Vegetables Sandwich Roll Cookie
April 29	April 30			
Roasted Pork Loin with Gravy 1/2 cup Whipped Potatoes 1/2 cup Peas Dinner Roll 1/2 cup Sliced Apples	Egg Omelet Topped with Cheese Sausage Patty 1/2 cup Breakfast Potatoes Whole Grain English Muffin with Jelly 4 ounces Orange Juice			

*** All meals are subject to change *** **Please reserve your meal by 10:30 AM at least one business day in advance by calling 717-938-4649**
*** Served Daily: 8 ounces Milk and 1 teaspoon Margarine