



Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>July 3</p> <p>BBQ Pulled Pork Sandwich 1/2 cup Macaroni Salad 1/2 cup Braised Cabbage Sandwich Roll 1/2 cup Warm Apple Crisp</p>	<p>July 4</p> <p><i>Happy 4th</i> </p>	<p>July 5</p> <p>Spaghetti and Meatballs(3) 3/4 cup Pasta with Sauce 1 cup Tossed Salad with Tomato 1 slice Italian Bread 1/2 cup Blushed Pears</p>	<p>July 6</p> <p>Meatloaf with 1 ounce Gravy 1/2 cup Mashed Potatoes 1/2 cup Peas and Carrots 1 slice Wheat Bread 1/2 cup Sherbet</p>	<p>July 7</p> <p>Breaded Lemon Pepper Pollock 1/2 cup Wild Rice 1/2 cup Sweet and Sour Coleslaw 1 slice White Bread 1/2 cup Applesauce</p>
<p>July 10</p> <p>Baked Ham Slice with Fruit Sauce 1/2 cup Mashed Potatoes with Chives 1/2 cup Summer Beet Salad Wheat Bread 1/2 cup Chocolate Pudding</p>	<p><i>July Birthdays</i></p> <p>July 11</p> <p>Taco Salad with 3 ounces Meat and Cheese 1 cup Tossed Salad with Tomato 1/2 cup Spanish Rice 1/2 cup Corn and Black Bean Salad Nacho Chips</p> <p><i>Birthday Cake</i></p>	<p>July 12</p> <p>3 ounces Chicken Marsala 1/2 cup Garlic and Parmesan Pasta 1/2 cup Crinkle Cut Carrots 1 slice White Bread 1/2 cup Pineapple Delight </p>	<p>July 13</p> <p>Cheeseburger with 1/4 cup Lettuce and 1 slice Tomato 1 cup Creamy Potato Soup with Crackers Hamburger Roll 1/2 cup Mixed Fruit Salad</p>	<p>July 14</p> <p>3 ounces BBQ Chicken 1/2 cup Baked Potato 1/2 cup Creamy Coleslaw 1 slice Wheat Bread 1/2 cup Sliced Pears</p>
<p><i>Breakfast for Lunch</i></p> <p>July 17</p> <p>3/4 cup Savory Sausage Scramble 1/2 cup Breakfast Potatoes 1 slice Wheat Bread with Jelly Fresh Banana</p>	<p>July 18</p> <p>Chicken Salad Sandwich with 1/4 cup Lettuce and 1 slice Tomato 1 cup Pasta Florentine Soup with Crackers 2 slices White Bread 1/2 cup Sunset Peaches</p>	<p>July 19</p> <p>Honey Mustard Glazed Pork Loin 1/2 cup Mashed Potatoes with Chives 1/2 cup Braised Cabbage 1 slice Wheat Bread Lemon Crème Cake</p>	<p>July 20</p> <p>1/2 cup Roast Beef Stroganoff 1/2 cup Buttered Noodles 1/2 cup Peas and Carrots 1 slice White Bread 1/2 cup Melon</p>	<p>July 21</p> <p>3 ounces Baked Salmon 1/2 cup Buttered Potatoes 1/2 cup Green Beans 1 slice Wheat Bread 1/2 cup Sliced Pears </p>
<p>July 24</p> <p>Stuffed Pepper 1/2 cup Mashed Potatoes 1/2 cup Sweet Corn 1 slice Wheat Bread 1/2 cup Fruit Crisp </p>	<p>July 25</p> <p>Pepper Steak with 2 ounces Peppers and Gravy 1/2 cup Garlic Mashed Potatoes 1/2 cup Mixed Vegetable Medley 1 slice Wheat Bread Cookie</p>	<p>July 26</p> <p>Sweet Turkey Sausage (6) Minestrone over 3/4 cup Bowtie Noodles 1/2 cup Green Beans 1 slice Italian Bread 1/2 cup Melon</p>	<p>July 27</p> <p>Chicken Cobb Salad 1 cup Tossed Salad with Tomato Wedge 2 ounces Diced Chicken, Egg, Cheese, Sprinkle of Bacon Bits 1 cup Noodle Soup with Crackers Dinner Roll 1/2 cup Pineapple Tidbits</p>	<p>July 28</p> <p>Mushroom Swiss Burger 1/2 cup Hot German Potato Salad 1/2 cup Baked Beans Hamburger Roll Brownie</p>
<p>July 31</p> <p>Sweet and Sour Meatballs (3) 1/2 cup Rice Pilaf 1/2 cup Vegetable Medley 1 slice White Bread 1/2 cup Applesauce</p>				<p><i>Happy 4th</i> </p>

*** All meals are subject to change *** *Make your reservation by 10:30 at least one business day in advance by calling 938-4649*
 *** Served Daily: 8 ounces Milk and 1 teaspoon Margarine