





August 2017
Congregate Meal Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	August Birthdays August 1 Chicken Parmesan 1/2 cup Rotini Pasta with Sauce 1 cup Tossed Salad with Tomato and Dressing 1 slice Italian Bread Birthday Cake	August 2 Swiss Steak with 1 ounce Gravy 1/2 cup Mashed Potatoes 1/2 cup Sliced Carrots 1 slice White Bread Sugar Cookie	August 3 Club Sandwich (1 ounce Ham, Turkey, and Cheese) with 1/4 cup Lettuce, 1 slice Tomato 1 cup Creamy Cauliflower Soup with 2 Crackers 2 slices White Bread Fresh Fruit	August 4 Potato Crusted Fish 1/2 cup Macaroni and Cheese 1/2 cup Stewed Tomatoes 1 slice Wheat Bread 1/2 cup Pineapples and Oranges
August 7 Baked Lemon Pepper Chicken Thigh with 1 ounce Gravy 1/2 cup Wild Rice 1/2 cup Lima Beans 1 slice Wheat Bread 1/2 cup Apricots	August 8 Taco Salad (3 ounces Seasoned Meat and Cheese) Sour Cream 1/2 cup Mixed Bean Medley 1/2 cup Fiesta Corn Salad Tortillas Brownie	August 9 3 ounces Roasted Turkey with 1 ounce Gravy 1/2 cup Mashed Potatoes 1/2 cup Peas and Carrots 1 slice Wheat Bread 1/2 cup Vanilla Ice Cream	August 10 Chef Salad (1 ounce Ham, Turkey, Cheese, and 1 Egg) 1 cup Wedding Soup with 2 Crackers Breadstick 1/2 cup Sliced Pears	August 11 BBQ Beef Ribette 1/2 cup Sweet Potato Bites 1/2 cup Mixed Vegetables Buttermilk Biscuit Fresh Fruit
August 14 Crab Cake 1/2 cup Buttered Noodles 1/2 cup Italian Beans 1 slice Wheat Bread 1/2 cup Pineapple Tidbits	August 15 3 ounces Hot Roast Beef Dinner with 1 ounce Gravy 1/2 cup Whipped Potatoes 1/2 cup Mixed Vegetables 1 slice White Bread 1/2 cup Applesauce	August 16 4 ounces Tuscan Chicken with Sun-Dried Tomato Cream Sauce 1/2 cup Penne Pasta 1 cup Tossed Salad with Tomato Breadstick 1/2 cup Sliced Peaches	August 17 Baked Sweet Sausage with 2 ounces Peppers and Sauce 1/2 cup Parsley Potatoes 1/2 cup Green Beans Sub Roll Sugar Cookie	August 18 Salisbury Steak with 1 ounce Gravy Baked Potato 1/2 cup Coleslaw 1 slice Wheat Bread 1/2 cup Mixed Fruit Salad
August 21 Kielbasa with 2 tablespoons Sauerkraut 1/2 cup Mashed Potatoes 1/2 cup Sweet Corn Hot Dog Roll Brownie	August 22 Southwestern Chicken Wrap (1/2 cup Chicken, Cheese, and Pimento) with 1/4 cup Lettuce, 1 slice Tomato 1 cup Vegetable Barley Soup with 2 Crackers Tortilla Shell/Wrap 1/2 cup Apricots Mayonnaise	August 23 Breaded Lemon Pepper Pollock 1/2 cup Blended Rice Pilaf 1/2 cup Sweet and Sour Coleslaw 1 slice White Bread 1/2 cup Diced Peaches	August 24 <u>Picnic Lunch - Must sign up by 8/16</u> Chicken Salad Sandwich w/ Lettuce and Tomato Macaroni Salad Pickled Beets Fresh Fruit Cookie Iced Tea	August 25 Spaghetti and Meatballs (3) 3/4 cup Pasta with Sauce 1 cup Tossed Salad with Tomato 1 slice Italian Bread 1/2 cup Blushed Pears
August 28 Chicken Marsala 1/2 cup Garlic and Parmesan Pasta 1/2 cup Crinkle Cut Carrots 1 slice White Bread 1/2 cup Pineapple Delight	August 29 Cheeseburger with 1/4 cup Lettuce, 1 slice Tomato 1 cup Creamy Potato Soup with 2 Crackers Hamburger Roll 1/2 cup Applesauce	August 30 BBQ Chicken 1/2 cup Oven Roasted Potatoes 1/2 cup Creamy Coleslaw 1 slice Wheat Bread 1/2 cup Mixed Fruit Salad	August 31 3 ounce slice Baked Ham Slice with 1 ounce Fruit Sauce 1/2 cup Mashed Potatoes with Chives 1/2 cup Summer Beet Salad 1 slice Wheat Bread 1/2 cup Chocolate Pudding	

*** All meals are subject to change *** **Stop in or call 938-4649 at least one business day in advance by 10:30 to reserve your meal.**
*** Served Daily: 8 ounces Milk and 1 teaspoon Margarine